

Employee Assistance

Behavioral Health Programs

gup

& ASSOCIATES, INC.

"Gup & Associates, Inc. has a genuine dedication and passion for motivating and assisting others in enhancing their quality of life"

Occasionally, all of us are troubled by family, work or personal problems and sometimes we can not handle all our problems effectively... alone



A call to Gup & Associates, Inc. is the first step in receiving assistance

What is an Employee Assistance Program (EAP)?

Gup & Associates, Inc. is your EAP. An EAP is a professional resource for confidential consultation and referral to help with problems such as emotional strains, substance abuse, work stresses, family issues, marital and financial concerns. Through this service, employees and other members of the family are encouraged to find ways to better cope with personal and work difficulties resulting from the challenges of everyday life.

What is the purpose of providing the benefit?

Your company hopes to help its employees and eligible family members maintain healthy, happy and productive lives, both on and off the job.

How serious do my problems have to be before taking them to the EAP?

No problem is too small. If the problem is significant enough to bother you, then it is worth a call to Gup and Associates to discuss your concerns.

How do I Contact My EAP?

***Your EAP, Gup & Associates,
can be reached at:***

**(404) 634-0014
or toll free
1-877-GUP-3200**

What is my cost for this service?

There is no charge for contacting Gup & Associates. We provide unlimited assessment, consultation and referral services for you and eligible family members. If further assistance is necessary, a referral will be coordinated for you with the most appropriate and cost effective community or private resource.

What about confidentiality?

Gup and Associates is committed to maintaining confidentiality at a professional level in accordance with state and federal laws. In other words, no one will know you called unless you tell them.

Who are the EAP Professionals?

Gup and Associates are licensed professionals from the fields of psychology, counseling, social work and business. All members of your EAP hold a doctorate or master degree in their designated field.

**
& ASSOCIATES, INC.**